



Nakekela News

November 2017

Greetings in the Name of our Lord Jesus Christ from everyone at Nakekela Newsletter for the year 2017

WORD FOR TODAY BY REV PAUL MAHLANGU

“Love God truthfully and you will love man genuinely”

Matthew 22:35-39

Keeping the first four commandments is the full expression of this love for God. The first commandment is to love the Lord with all your heart. But Jesus tells us of a second important law: **Loving your neighbor as yourself.**

In the book of Leviticus 19:18 the Bible says *“Thou shall not take vengeance or bear a grudge against the sons of your own people, but you shall love your neighbor as yourself: I am the Lord.”* The love of our neighbor springs from the love of God as its source. It is found in the love of God as its principle, pattern, and end. We owe to our neighbor what we have a right to expect from him, *“So whatever wish that others do to you, do also to them.”* (Mathew 7:12).

Who is our neighbour? Jesus answered this question very well in the story of the good Samaritan found in Luke 10:29-37. His answer implies that my neighbor is any person who lives near to us and any person with whom we have dealings, a friend or relative. The Jews only considered other Jews to be their neighbours (Matthew 5:43). Jesus came and broke racial boundaries. If our love is still limited and influenced by racial boundaries, by group status, etc. we need to come to the cross. So it is with any person--friend, relative, countryman, or even an enemy.

What does love for our neighbour look like? 1 Corinthians 13 states that *“Love is patient; it is kind; does not envy; does not boast, is not arrogant; is not rude, does not seek its own, is not irritable, is not resentful, it does not rejoice in iniquity, but rejoices in the truth; bears all things, believes all things, hopes all things, endures all things.”*

How do we obtain love? God Himself is love. We cannot claim to have Christ in our hearts and hate our brother or sister. We need to accept Christ as our Lord and Saviour. We need to be filled with the Holy Spirit in our hearts; Romans 5:5, *“and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us”.*

In conclusion, we are called upon to seek the kingdom of God first. All other things will be added unto us. Peter on the day of Pentecost appeals to the people: *“Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins, and you will receive the gift of the Holy Spirit. For the promise is for you and for your children and for all who are far off, every one whom the Lord our God calls to himself.”* Acts 2:38-39.

Rev. Paul Mahlangu is the vice-chair of the Nakekela Board and Pastor of Christ the King Church in Phola Park, Kwamhlanga.

DID YOU KNOW? Nakekela is on Facebook. Like our page and follow our news as it happens at www.facebook.com/nakekela-christian-community-centre-association

“Striving to be the hands and feet of Jesus Christ in the community”

STAFF DEVELOPMENT: SALT ALLIANCE IMBIZO



Nakekela staff participated in the SALT Alliances Home Based Care Imbizo which brought 43 leaders, home based carers and change agents in health together for three days at the end of September.

Nakekela was proud to facilitate and host the Imbizo which equipped, encouraged and connected people from six different organisations. Speakers facilitated sessions on relevant topics like cancer, dealing with trauma, the importance of prayer, mental health as a carer and more.

Well done to our team for their excellent presentations and all the hard work!



WHAT'S BEEN HAPPENING AT NAKEKELA?

Martha Mtsweni and Thandi Mahlangu attended facilitator training hosted by The Dignity Campaign, a non profit organisation whose vision is to see girls and women find their identity, belonging and purpose in God.

The facilitator training equipped Martha and Thandi to be our new Nakekela Dignity Facilitators, ready to host "Dignity Days" where the focus is on creating awareness regarding women's identity, belonging and purpose in God. Through group discussions and creative activities participants will evaluate what they believe about themselves, identify the voices they are listening to and make a choice to embrace their God-given identity.



Dignity Days will affirm women's uniqueness, the value of being part of a 'Sisterhood' and the purpose women have in this world. Part of the event is a session on the body and menstrual management and hygiene. Dignity Day participants will be gifted with either a menstrual cup or washable panties and pads – a gift of dignity to women who often have to do without.

Martha and Sr Verena met with Social Workers Thembi and Queen about the case of one of the in-patients. The Social Workers will be coming to the Centre regularly to address issues with both in- and out-patients.



Letty Tjiane - the Personnel Administrative Officer and Counsellor - counsels one of Nakekela's out-patients.



A harvest! We are enjoying the fresh produce from our own Nakekela vegetable garden – a great harvest for healthy eating.

CAN YOU HELP US?

Nakekela is looking for people who can volunteer their expertise and may be considered as future board members. Some examples are:

- **Advisors:** Human Resources and Government Agencies (health and social department), Legal
- **Finances:** Fundraising consultant and Treasurer (accountant)
- **Medical doctor**

If you can help us, please contact Dorcas Mathibela (Nakekela General Manager): +27 71 355 3531 or dorcasmathibela@gmail.com

“So let’s not get tired of doing what is good. At the right time we will reap a harvest of blessings if we don’t give up.” Galatians 6: 9



Nakekela received a donation of R5000 from Shoprite Phola Mall – thank you!



Much appreciation to one of our in-patient families who donated a bag cabbage. May the Lord bless and keep you as you continue to do his work.



Much appreciation also to one of in-patient family who donated a bag cabbage, potatoes, carrots, beetroots and spinach. May the Lord bless and keep you as you continue to do his work.



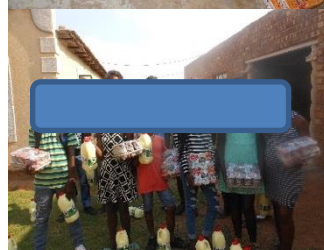
We are so thankful for the gifts we received from the Department of Agriculture in Kwaggafontein as an appreciation of our hard work in the garden.



All thanks to Pastor Malindisa, Mrs Malindisa and Rev Mtsweni Aaron from the Disciples of Christ Isibusiso Church in Kwaggafontein A who donated vegetables, fruits and face-clothes for Nakekela’s in- patients.



Grateful for the food and the milk and yoghurt we received from SPAR Phola Mall. The milk and yoghurts were given to adult and children’s Support Groups



DONATE

Nakekela relies on donations to meet the needs of our patients and keep our facility available to the community. If you would like to support the work of Nakekela financially, know that every cent is tracked and invested carefully.

All gifts can be EFT'd to

Nakekela, Standard Bank, Account: 348123027

Branch: Bronkhorstspuit (052850)

Swift code: SBZAJJ

This is our PBO Registration 930040184 should you require a receipt for tax purposes.

KEEN TO BE MORE HANDS ON?

Nakekela constantly needs the following items for our in- and out-patients:

- Clothes: pyjamas and sleepers
- Medication, wheelchairs, walking frames
- Toiletries: wash clothes, soap, toothbrushes, toothpaste and feminine hygiene items
- Blankets
- Bibles in English, Zulu, Ndebele, Pedi and Tswana, notebooks, pens and pencils

VISITORS FROM THE USA HELP OUT AT NAKEKELA



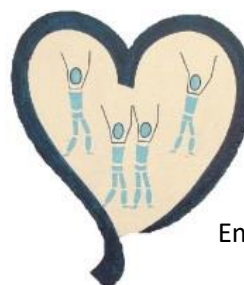
Blessed with the visit of Julia Greendyk and Michelle Rose from USA who gave us a suitcase full of clothes and worked very hard helping us at the centre.



STATISTICS TO DATE:

Admissions:	105
Discharge to Home:	37
Deaths:	31
Hospital:	17
HBC Field Patients:	1368
HBC Field Visits:	1006

NAKEKELA CHRISTIAN COMMUNITY CENTRE ASSOCIATION



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