



Greetings in the Name of our Lord Jesus Christ from Everyone at Nakekela Newsletter for the Year 2018

Julia Mthimunye the kitchen Manager's Story



**Nakekela my Home
Nakekela a place of Love
Nakekela a place of Peace
Nakekela a place of God**

My name is Julia Mthimunye and I am married with two sons. I stay near Nakekela and I used to rent a room at Nakekela before it became a Community Centre. I started to work part time as a domestic worker in 1998 when I was still at school at the age of 16 years old.

In 2011 the project called CPW was formed and it is where I started to see how committed I am to work for my community. I love Nakekela due to the many good memories. At CPW we were working together with other organisations in the community such as Police Stations, Schools, crèches, Clinics, Dumping sites, Churches and NGO's. We came to Nakekela to help during the kitchen shift of Mrs Masuku. They were so kind to me and that encouraged me to ask Mrs Grobler if I could come the following day to help finish up the ironing. As I volunteered to help she did not allow me to work for free but paid me a small stipend. Nakekela is a place of healing spiritually, physically and emotionally.

Following this Dorcas Mathibela, the General Manager, called me to come and work part time in the kitchen and I would run quickly and go to work at Nakekela (as I stay on the next plot). The Nakekela staff welcomed me with warm hands in 2012 when I was employed to work full time at Nakekela as a housekeeper. When I started to work at Nakekela I did not know anything about HIV/AIDS even though there is some information on radio, television and the newspaper. Since I had a lack of interest but I learned a lot since I started to work at Nakekela. From June 2015 I started doing HIV/AIDS training and presentations with the training team to NPO's youth groups, police, church members and their pastors and other community members.

In July 2017 I was promoted to be the Kitchen Manager, I could not believe it at first, I was overwhelmed with joy and was crying as I looked back at where I came from. To manage people is not easy but with God nothing is impossible. Thank God for the management team which helps me to be a better leader. Dorcas Mathibela, the General Manager, leads by example and always advises and encourages us to pray and ask Wisdom from God. I am proud to say at Nakekela we have a wonderful mother, sister/friend and hope to grow to be more like her. I learned more about who God is at Nakekela and learned to invite him into everything I do. Psalm 122:6-9 encourages me a lot. Nakekela is a sweet home, a place of peace and helps many people to improve their lives and I am very thankful I am one of them.

Pray for the peace of Jerusalem! "May they be secure who love you! Peace be within your walls and security within your towers!" For my brothers and companions' sake I will say, "Peace be within you!" For the sake of the house of the LORD our God, I will seek your good.

DID YOU KNOW? Nakekela is on Facebook. Like our page and follow our news as it happens at www.facebook.com/nakekela-christian-community-centre-association

Visitors



Above (on the left) we have a photo of Steve Florence, his sister Cindy Schmidt, his daughter Madi Florence and Skip Carpenter representing the Village Presbyterian Church in Florida. They donated new wall-heaters, the put the heaters one our walls. We were so happy to have them with us. They always spend time with the staff at the centre which is much appreciated by us. On the photo are some of the Nakekela Staff members with the donations that we have received.



Above (on the left) we have a photo of Rev. Scott Dibbet from Canada, Jeremie Havugimania and Letty Gadebe the Personnel Administrative Officer and Spiritual Counselor

Devotions



In patients and some staff members enjoying the Word of God with Letty Gadebe, Personnel Administrative Officer and Spiritual Counsellor. Home-Based Care team together with Dr Sonja Miskin sharing the Word of God.

All our staff members had the privilege of attending the Christian AIDS Bureau for Southern Africa (CABSA) training at the Kwafeni Tribal Office Hall. Learning more about HIV/AIDS and how to continue to break the silence of HIV/AIDS in the community. All thanks to the Nakekela training team who did the presentation.



CAN YOU HELP US?

We are looking for people that can volunteer their expertise to Nakekela and may be considered as future board members. Some examples are:

- Human Resources advisor
- Government agencies – health and social department advisor
- Fundraising consultant
- Treasurer (accountant)
- Medical doctor
- Legal advisor

Please call the General Manager, Dorcas Mathibela at [+27 71 355 3531](tel:+27713553531), dorcasmathibela@gmail.com

Thanks,

CHICKEN HOK AND TOWER GARDEN

At least 25 people from our support group had the opportunity to be trained by Zodwa Makhoba of Kwazulu Natal representing African Honey Bee with the use of their subsistence farming guide. They were trained on how to build chicken hoks and a tower garden. They worked very well as a team and successfully managed to build two chicken hoks, one to raise chickens for meat and one for laying hens so we have eggs. They also had the opportunity to build a tower garden and seedling shelf.



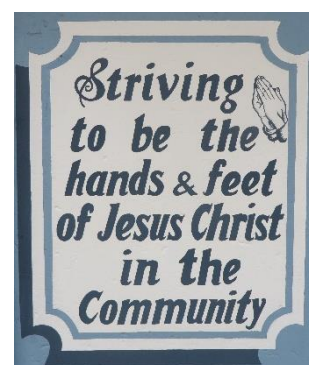
Our aim is to build these hoks in every home of our support-group members to help them to sustain themselves and to generate an income. It will change their mind set and boost their self-esteem. See pictures

SAVINGS TRAINING

Our support group had the opportunity to attend three days Saving Training at Hammaskraal provided by African Honey Bee which was presented by William Mavuso from Tweefontein G and Zodwa from Kwazulu Natal. They were taught how to save as group of twenty people, how to select a group committee of eight people, and that our group should have a policy, who should open the bank account, where we will put our money and how to run our meetings. Our group should contribute amount of money to buy material from save act which is the company that contribute training material. And the group must agree with the amount of money that they should save each month, hence a member can save five times the agreed upon amount. The group is to lend the money amongst themselves. When they bring back the money it comes back with ten percent which is our saving fee. The group will share the saved money and share the saving fee equally each annum.

"They share freely and give generously to the poor. Their good deeds will be remembered forever ." 2 Corinthians 9: 9

DONATIONS AT NAKEKELA



Praising God for the donation we received for renovations from Joke and Joop Parre on their 50th Anniversary the money was used for painting inside the building. See Nakekela's new look. EO Metterdaad provided funding the painting of the outside of the building.



Thanks very much for clothing donated by Mrs Leah Smart from Tshwane Reformed Church- in memory of her dear husband Ronald Smart that passed away last year. Recipients are Samuel Mofore and Bheki Nyathi gardeners, Isaac Mahlangu and Sello Nhlapo night-watchmen which are the Nakekela Male staff members.



With thankful hearts Nakekela received a donation of food from SPAR -Phola Mall



Be part of the work of Nakekela

DONATE

Nakekela relies on donations to meet the needs of our patients and keep our facility available to the community. If you would like to support the work of Nakekela financially, know that every cent is tracked and invested carefully.

All gifts can be EFT'd to

Nakekela, Standard Bank, Account: 348123027
Branch: Bronkhorstspuit (052850)
Swift code: SBZAJJ

This is our PBO Registration 930040184 should you require a receipt for tax purposes.

KEEN TO BE MORE HANDS ON?

Nakekela constantly needs the following items for our in- and out-patients:

- Clothes: pyjamas and sleepers
- Medication, wheelchairs, walking frames
- Toiletries: wash clothes, soap, toothbrushes, toothpaste and feminine hygiene items
- Blankets
- Bibles in English, Zulu, Ndebele, Pedi and Tswana, notebooks, pens and pencils

In remembrance of Maria Masango



It was difficult for Nakekela staff members to lose a staff member Maria Masango who was a care Worker that passed away with Cancer. Please pray for the mourning family.

STATISTICS TO DATE:

Admissions:	52
Discharge to Home:	14
Deaths:	16
Hospital:	5
HBC Field Patients:	135
5 HBC Field Visits:	588

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