



NAKEKELA NEWS

OCTOBER 2021

**Greetings in the Name of our Lord Jesus Christ
from everyone at Nakekela!**



Above: Staff members during the General staff meeting

**Thank you to all our sponsors, funders, partners, donors
and friends who have supported Nakekela in so many ways
this year.**

We appreciate you!

**“But those who trust in the Lord will find new strength. They
will soar high on wings like eagles. They will run and not grow
weary. They will walk and not faint.” Isaiah 40:31**

FOCUS ON OUR STAFF: MEET ZANELE MAJOLA



My name is Zanele Majola. I am 43 years old, a single mother with two beautiful daughters; my first born is 20 years old and second born is 5 months old. I stay at Twefontein H with my mother, children, brother and sister.

I saw that many people in the community are suffering and in need so my passion is to help those in need in the community. I started volunteering at Nakekela in 2014 as a Care Worker. I volunteered for two years and by the grace of the Lord I got a permanent job at Nakekela on 16th of July 2018 as a Care Worker.

Since I started working at Nakekela I have gained lots of experience working with terminally ill and bedridden patients. It was hard at the beginning dealing with patients in pain. The most challenging thing in my scope of practice was dealing with a patient who just passed away. It was difficult to even look at the corpse, wash the person and then have to inform the family that their loved one had passed.

Nakekela has taught me how to practically and emotionally deal with a patient passing away and how to support their bereaved family. I can proudly say with the experience I gained I can now help my own family.

We are also admitting clients who come at Nakekela for a few months to recover and understand their medication. Some become better and are discharged back to their homes, which is very rewarding.

In 2019 I had the opportunity to be trained as a facilitator for the Dignity Campaign. In the Dignity programme we teach young girls to know self-worth, real identity, sense of belonging, learn about their bodies and many other topics that challenge young girls as they grow. I am grateful for the opportunity Nakekela gave me.

I have learned many skills through being at Nakekela: care skills, communication skills, facilitation skills and more.

I thank God for helping us to be able to care for the sick at Nakekela. I enjoy working at Nakekela very much especially when I see families and clients happy because of the services they received at Nakekela.

CENTRE HAPPENINGS

TRAININGS



Above left: CABSA trainings progressing well thanks to our participants and training team.

Above right: We thank God that the Support Group members continue to encourage and support each one another about healthy living and good nutrition.



Above left: Dignity training continues to strengthen girls and help them know their real identity.

Above right: DARE training helping young boys to be man of integrity, be different and real man.

DEVOTION, PHYSIOTHERAPY & DISCHARGED PATIENTS- ALL PART OF PATIENT CARE



Above left: Sharing the Word of God and spending time in prayer ensuring that patients get all the spiritual care they need.

Above centre: All praise to the Lord for his mercy and grace. We get encouraged with testimonies of in-patients who came to Nakekela bedridden and are discharged home, able to walk again.

Above right: Patients busy with body exercises and physiotherapy with the supervision of Care Workers.

HARVESTING FRESH VEGETABLES



***Above:** Meet our new gardeners: Vusi Nkosi and Jan Nduli have taken over from Samuel. The handing over was like a baton exchange in hands! These gentlemen are working hard. They both love gardening just like Samuel and we look forward to enjoying the fruits of their labours. They plan a very important role in ensuring that our in-patients eat healthy diets every day with fresh vegetables from our garden.*

DONATIONS

Once again, we can report generous donations from friends and sponsors.



Nakekela is grateful for the donation of adult nappies from an ex-patient's family. Thanks so much! We speak blessings to your family.



We appreciate a donation of Smartspine received from Mrs Ntuli from Vezubuhle may God bless you and family.



Much appreciation goes to Lea Smart who donated two bags full of medication, and to Jopie and Jennie van der Linden who donated blue boxes with lancets and the four boxes of medication.

BE PART OF THE WORK OF NAKEKELA

HELP US WITH YOUR SKILLS AND KNOWLEDGE

Are you a Human Resources advisor, Health or Social Department advisor, Fundraising Consultant, Treasurer, Accountant, Medical Doctor or Legal Advisor? We need your help!

Nakekela is looking for people who can volunteer their expertise and knowledge to assist with various projects. If you are looking for an organisation that uplifts local community and want to invest in making a tangible difference in South Africa, please call us to discuss where you can get involved or get in touch by emailing nakekelaoffice@gmail.com if you can help us.

CONTRIBUTE FINANCIALLY

Nakekela relies on donations to meet the needs of our patients and keep our facility available to the community.

If you would like to support the work of Nakekela financially, know that every cent is tracked and invested carefully. We also offer receipts for tax purposes.

All gifts can be EFT'd to:

Nakekela
First National Bank
Account: 62885695852,
Branch code 210830,
Swift code FIRZAJJ

HELP US PRACTICALLY

As a step-down facility with many patients, Nakekela constantly needs the following items for our patients:

- Pyjamas and sleepers
- Medication
- Wheelchairs and walking frames
- Toiletries: wash cloths, soap, toothbrushes, toothpaste, deodorant
- Feminine hygiene items and underwear
- Blankets
- Bibles in English, Zulu, Ndebele, Pedi and Tswana
- Note books, paper, pens and pencils
- Art supplies

STATISTICS TO DATE:

Admissions:	79
Discharge to Home:	29
Deaths:	27
Hospital:	11

NAKEKELA CHRISTIAN COMMUNITY CENTRE ASSOCIATION



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