



NAKEKELA NEWS

APRIL 2021

**Greetings in the Name of our Lord Jesus Christ
from everyone at Nakekela!**



Above: Staff members after a staff meeting

“Wherever I go, your hand will guide me; your strength will empower me.” Psalm 139:10 (Passion Translation)

FOCUS ON OUR STAFF: MEET LINDIWE



My name is Lindiwe Shabangu. I am a single mother with four children: two boys and two girls.

I started working at Nakekela on the 3rd of March 2014 as a Home Base Care worker doing door-to-door in the community to raise awareness about Nakekela for six years.

I have experienced many challenges as a Home Base Care worker:

I've met patients very sick with no one to directly care for them. Some families do care for the patient but are struggling with lack of food or income for the family to survive. Other patients were dishonest with us when we found them very sick: they tell us "I just started taking ARVs recently" and we found out later that they were actually lying to us and their family members. And some patients have families supporting them but they are just difficult people - it is not easy to care for someone who is complaining all the time. We have often accompanied patients to the clinic and only there found out their true story; then we were able to help the patient adequately.

On the other side, it is good to meet different people speaking different languages. I have added some families to my care and other families took me in as a family member.

I moved from being a Home Base Care worker to becoming a Care worker at the Centre in 2020. We are admitting clients who come at Nakekela for a few months to recover and understand their medication. Some become better and are discharged back to their homes. It is sad to report that others pass away. It is always difficult for me when we lose someone as I feel like I did not do my work, but I am learning to give it all (the sadness and the situations) to the Lord in prayer. I have learned many skills through being at Nakekela, like conducting a devotion, how to present a health talk and singing.

I thank God for helping us to be able to care for the sick at Nakekela. I enjoy working at Nakekela very much especially when I see clients who were not able to walk before being admitted after some time being able to walk again and their families rejoicing.

It is my prayer that the Lord continues to keep and bless Nakekela.

"Even though I walk through the darkest valley, I will fear no evil, for you are with me." Psalm 23:4

CENTRE HAPPENINGS

STEPCDOWN

It was sad to say goodbye to Dr Sonja Miskin who has been our Medical Doctor for 14 years serving as a volunteer at Nakekela and helping out the community. May the Lord be with you as you start a new journey at home. It was such a blessing to have you as our medical doctor and you will be remembered by all your good works. It is our prayer that the Lord bless and keep you, may He make his face shine upon you.



Above: Nakekela staff with Dr Sonja Miskin



Above left: Support group members continue to strengthen and encourage each other in their regular Support group meeting.

Above right: Teaching, counselling each other with the Word of God and singing the Word with thanksgiving in our hearts during Devotion time.



Above: Our gardeners ensure that in-patients eat healthy diets every day with fresh vegetables from our garden.

DONATIONS

Once again, we can report generous donations from friends and sponsors.



Above: We appreciate the donation of clothes and blankets received from Kwa-Mhlanga hospital.

We shared the clothes amongst in-patients and support group members.



Above: A special thanks to Dr Sonja Miskin for her donation of clothes, kitchen supplies, medical supplies and furniture. May the Lord bless and keep you!

BE PART OF THE WORK OF NAKEKELA

HELP US WITH YOUR SKILLS AND KNOWLEDGE

Are you a Human Resources advisor, Health or Social Department advisor, Fundraising Consultant, Treasurer, Accountant, Medical Doctor or Legal Advisor? We need your help!

Nakekela is looking for people who can volunteer their expertise and knowledge to assist with various projects. If you are looking for an organisation that uplifts local community and want to invest in making a tangible difference in South Africa, please call us to discuss where you can get involved or get in touch by emailing nakekelaoffice@gmail.com if you can help us.

CONTRIBUTE FINANCIALLY

Nakekela relies on donations to meet the needs of our patients and keep our facility available to the community. If you would like to support the work of Nakekela financially, know that every cent is tracked and invested carefully. We also offer receipts for tax purposes.

All gifts can be EFT'd to **con Nakekela Standard Bank**
Account: 348123027
Branch: Bronkhorstspuit (052850)
Swift code: SBZAJJ

HELP US PRACTICALLY

As a step-down facility with many patients, Nakekela constantly needs the following items for our patients:

- Pyjamas and sleepers
- Medication
- Wheelchairs and walking frames
- Toiletries: wash cloths, soap, toothbrushes, toothpaste, deodorant
- Feminine hygiene items and underwear
- Blankets
- Bibles in English, Zulu, Ndebele, Pedi and Tswana
- Note books, paper, pens and pencils
- Art supplies

STATISTICS TO DATE:

Admissions:	32
Discharge to Home:	7
Deaths:	4
Hospital:	1

NAKEKELA CHRISTAN COMMUNITY CENTRE ASSOCIATION



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