



Nakekela News

OCTOBER 2018

**Greetings in the Name of our Lord Jesus Christ
from Everyone at Nakekela!**



We were blessed during the visit of **Joop and Joke Parre** from Netherlands (they are the founders of Nakekela) and **Babette Grobler** the previous General Manager of Nakekela. Staff members had lunch with them and prayed together with them. They also brought some cakes.

Thank you Joop, Joke and Babette – we appreciate your continuous support and care!

CAN YOU HELP US?

Are you a **Human Resources advisor, Health or Social Department advisor, Fundraising Consultant, Treasurer, Accountant, Medical Doctor or Legal advisor**? We need your help! Nakekela is looking for people who can volunteer their expertise and knowledge to assist with various projects. If you are looking for an organisation that uplifts local community and want to invest in making a tangible difference in South Africa, **please call us to discuss where you can get involved.**

Art Therapy and Physiotherapy

Nakekela's **Art Therapy and Physiotherapy** continues to bring refreshment and relaxation for the in-patients who choose to participate.

The art activities are always designed according to the group's abilities so that as many people are able to participate may do so. When they begin to feel more confident in their creative and fine motor skills we move on to a more challenging project like beading or quilling. The physiotherapy activities include a chair exercise routine which is practiced as a group once a week, with optional private sessions on the treadmill and stationary cycle other days of the week.

These activities are not only important for patients to regain strength through their bodies, but also to aid in relief of boredom, depression, and recapturing a sense of dignity.



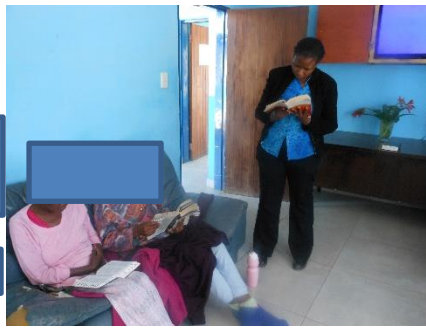
Some of our staff members were invited to do candle lighting during the cultural day celebration at Phanagela Primary School

HIV Home Testing

After long weeks our Home Base Carers started doing HIV home testing. The FPD (Foundation For Professional Development) Quality Assurance (QA) team came to do the quality assurance assessment which is called Proficiency Testing (PT). The assessment was conducted at Nakekela and we were joined by Magana Home Base care situated in Siyabuswa. Both team leaders which are Enrolled Nurses of the projects were also part of the assessment to learn so that they could conduct the assessments in the future. The QA team will be back to give us the results of the assessment.



Centre happenings

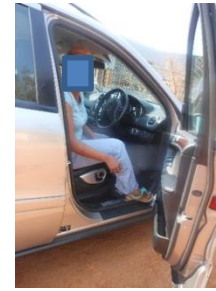


DEVOTIONS

On Wednesdays, Thursdays, Fridays and Sundays we have Local Pastors coming to do Scripture reading and prayer with Patients.

EX-PATIENT VISIT

We are grateful for the visit of an ex-patient who is now better and went back to work.



Donations



Thanks to **SPAR Phola Mall** for a donation of food.



Special thanks to **Roots Butchery** for a donation of meet and to **Kwamhlanga Business Association (KBA)** for facilitating the relationship with the Phola Mall shops on our behalf.



Many thanks to **Pastor Masilela** from the **Sabbath Church (SDA)** in Gembokspruit.

In memory of Ella Mahlangu, Home Based Care Worker

Nakekela staff are grieving the recent loss of Ella Mahlangu, one of our Home-Based Care workers.

Ella was an ex-patient of Nakekela in 2008 and approached the General Manager Babette Grobler after her discharge to be a Home-Based Care worker and give back to the community. She was a Home-Based Care worker for 6 years at Nakekela.

Ella was a dedicated worker who had good relationships with her out-patients, clinics and the Department of Social Services. She also helped many patients to obtain Birth Certificates from the Department of Home Affairs and many received food parcels and social grants through her.

Ella's mother died last year and her brother died earlier this year. Ella recently became very ill after a few months of illness and she passed away in September. She leaves behind her 15-year-old son.

Ella was much-loved and her illness was very hard for our staff. Letty (our Counsellor) facilitated a session with the Home-Based Care team when her condition started to deteriorate. The staff also went to grief debriefing counselling sessions with Dr Sonja Miskin after Ella's death to ease the pain of loss and challenges of the family.

We give praise to the Lord of comfort for comforting us all. We also give thanks to Him for Ella's life and the blessing she was to many.



“The one thing I ask of the Lord, the one thing I seek most is to live in the house of the Lord all the days of my life, delighting in the Lord’s Perfections and meditation in his Temple” Psalm 27: 4

Be part of the work of Nakekela

DONATE

Nakekela relies on donations to meet the needs of our patients and keep our facility available to the community. If you would like to support the work of Nakekela financially, know that every cent is tracked and invested carefully.

All gifts can be EFT'd to

Nakekela, Standard Bank, Account: 348123027

Branch: Bronkhorstspuit (052850)

Swift code: SBZAJJ

Our PBO Registration is 930040184 should you require a receipt for tax purposes.

KEEN TO BE MORE HANDS ON?

Nakekela constantly needs the following items for our in- and out-patients:

- Clothes: pyjamas and sleepers
- Medication, wheelchairs, walking frames
- Toiletries: wash clothes, soap, toothbrushes, toothpaste and feminine hygiene items
- Blankets
- Bibles in English, Zulu, Ndebele, Pedi and Tswana, notebooks, pens and pencils



Nakekela is proud of **Martha Mtsweni** (Home Based Care Coordinator) and **Julia Mthimunye** (Kitchen Manager) who obtained their Driver's Licences recently. Thank you to **EO Metterdaad** for providing part of the funding for this.

STATISTICS TO DATE:

Admissions:	121
Discharge to Home:	42
Deaths:	44
Hospital:	16
Re-Admissions	6
HBC Field Patients:	172
HBC Field Visits:	2154

NAKEKELA CHRISTIAN COMMUNITY CENTRE ASSOCIATION



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