



Nakekela News

DECEMBER 2018

**Greetings in the Name of our Lord Jesus Christ
from Everyone at Nakekela!**



We were blessed during the visit of Reuger Doornbos who works with De Verre Naasten (DVN) in the Netherlands.

CAN YOU HELP US?

Are you a **Human Resources advisor, Health or Social Department advisor, Fundraising Consultant, Treasurer, Accountant, Medical Doctor or Legal advisor?** We need your help! Nakekela is looking for people who can volunteer their expertise and knowledge to assist with various projects. If you are looking for an organisation that uplifts local community and want to invest in making a tangible difference in South Africa, **please call us to discuss where you can get involved.**

Support Group news and happenings



Nakekela was approached by Moutse Radio - a local radio station - to choose two people from the Support Group to go to Port Elizabeth for training on how to speak about HIV. The individuals were trained as change agents and taught how to speak freely about HIV on Radio and in the Community.

They learned how to prevent HIV, the reality of living with someone who is infected and treating them with respect, and also how to stop discrimination against people living with HIV. They also learned how to encourage others to live happy and healthy, regardless of their HIV Status.

One of our Support Group members who comes to lead devotions with in-patients on Fridays had the opportunity to a week training in Kwazulu Natal to be trained as a Bible Study Facilitator.



HIV Home Testing



Our Home-Based Care workers had the opportunity to attend the in-service training on Blood Pressure, as well as screening facilitated by the FPD Quality Assurance Team. Our testers were kept busy with paperwork (above).

Centre happenings



EXERCISE : Home Based Carers exercising with Sarsih Miskin



HEALTH TALKS : We have health education every week which covers topics like TB, HIV, cancer and other chronic diseases

Donations



Thanks to **Adele** for a donation of clothes.



Special thanks to **African Blessings Bronkhorstpruit** for a donation of pillows, shower curtains, table mats, bath towels, pillow protectors, pillow cases, single fitted sheets and pot holders.



With grateful hearts Nakekela received a donation from **SPAR Phola Mall**



Making sure our patients eat a healthy and a balanced diet – fresh vegetables from our garden



Several Nakekela staff members had the privilege of attending Fire & Rescue Public Awareness provided by the **Thembisile Hani Station** (Nkangala District Municipality). We are so thankful for the knowledge and light they shared with us. We were reminded of the importance of knowing how to use a fire extinguisher. We learnt about the different types of fire extinguishers, and that fire extinguishers must be used only in the case of a small fire. If the whole house is burning you must call the nearest fire station for help and ensure everyone gets to a central assembly point.

“Commit everything to the Lord, trust him, and He will help you” Psalm 37: 4

Be part of the work of Nakekela

DONATE

Nakekela relies on donations to meet the needs of our patients and keep our facility available to the community. If you would like to support the work of Nakekela financially, know that every cent is tracked and invested carefully.

All gifts can be EFT'd to

Nakekela, Standard Bank, Account: 348123027

Branch: Bronkhorstspuit (052850)

Swift code: SBZAJJ

Our PBO Registration is 930040184 should you require a receipt for tax purposes.

KEEN TO BE MORE HANDS ON?

Nakekela constantly needs the following items for our in- and out-patients:

- Clothes: pyjamas and sleepers
- Medication, wheelchairs, walking frames
- Toiletries: wash clothes, soap, toothbrushes, toothpaste and feminine hygiene items
- Blankets
- Bibles in English, Zulu, Ndebele, Pedi and Tswana, notebooks, pens and pencils



Reaching out to children at school with the CABSA trainings

STATISTICS TO DATE:

| | |
|--------------------|-----|
| Admissions: | 142 |
| Discharge to Home: | 57 |
| Deaths: | 63 |
| Hospital: | 22 |
| Re-Admissions | 8 |

NAKEKELA CHRISTIAN COMMUNITY CENTRE ASSOCIATION



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