



Nakekela News

APRIL 2019

**Greetings in the Name of our Lord Jesus Christ
from everyone at Nakekela!**



Staff members after the monthly General Meeting

HIV TESTING

Community HIV Testing is ongoing. The FPD Team came to Nakekela to train our Monitoring and Evaluation team on how to report using the different reporting tools. They also assisted us with monitoring Data using daily, weekly and monthly tools, as well as the linkage reporting tool.



CENTRE HAPPENINGS

Our **Children's Support Group** started on a high note this year. There are 19 children attending, with ages ranging from 7 to 19 years old. The children's support group was initially started for children born with HIV/Aids and who defaulted from their treatment. Their families wanted them to have a better understanding of HIV, commit to their treatment and find support from other children with the same challenges. The group has grown to include other children needing support who were not born with HIV.

There are many sad stories, but we are seeing the children find hope. One young girl was raped by boys in her community two years ago but could not tell her family about what happened or that she had contracted HIV. After becoming ill, the local clinic referred her to Nakekela. We assisted her with treatment and counselling, and she felt brave enough to tell her family what had happened to her. Her mother is now very supportive after processing what had happened. The girl has joined our support group and we are seeing great improvement.

The children's group runs counselling sessions for all the members. They also play games like netball, soccer, cards and cheers. They love singing and celebrating milestones and birthdays. Every year we do an end-of-year outing for the group.



The **Adult Support Group** now has 34 members who meet once a month (5 men and 29 women). From this group a new group started last year; the **Savings Group** is going well and our budding entrepreneurs are working hard on their projects.



Our **Devotions Time** is special place of refreshing for all who participate as we continue to pray for each other, our patients and our community. We have prayer on Monday for staff led by staff members, devotions on Wednesday led by a local pastor, Thursday's time is led by Letty the Admin Officer, on Friday an ex-patient comes in and Sunday by a local Pastor for staff and patients. On Fridays we have a devotion for Home Based Care team led by Dr Sonja. We sing, share the Word of God and then pray together.



VISITORS

Wobbe (retired police officer) and **Doetsje** (a community nursing sister) from Ureterp started 10 weeks of volunteering at Nakekela. They are learning a lot from the local people who do their job daily in our country full of its own problems.

Doetsje is helping with patient care, bed bathing, wound care, feeding and conducting health education. Doetsje enjoys the singing and is thankful for the love she received from staff members and patients.

Wobbe is helping with garden work and helped members of the Support Group to build chicken hoks (cages) and vegetable tower gardens. Thanks to our Heavenly Father for giving the Bijlsma-Jongsma family the strength and power to work for Him.



We were blessed to have **Paul and Ginah Butler** visit us, together with their team from the USA (below left) as well as **Harry Lukens** from Netherlands (below middle). **Heidi Pronk and Rebecca Ypma** from **Word and Deed** also visited us, travelling all the way from the USA and Canada (below right).

Thank you for your ongoing friendship, support and prayers!



“The Lord is my strength and shield, I trust him with all my heart. He helps me and my heart is filled with joy, I burst out in songs of thanksgiving.” Psalm 28: 7

DONATIONS

Witboy and Lieb from SUPERSPAR Phola Mall came to drop off welcome donations. More than 60 people who are on medication with no income and not fit enough to find jobs received food groceries and toiletries from Phola SuperSpar in the last month. We appreciate your help with your good hearts and your contribution to our organization with food donations. May the Lord richly bless you and your families.



With grateful hearts Nakekela received a suitcase of Supplies from **Not just Tourists** in Ontario which was brought by Kennings. Thanks to **Judy den Hertog** from Chilliwack.



Nakekela also gratefully received a donation from an ex-patient who passed away. We are praying for God's comfort and strength for the family.



CAN YOU HELP NAKEKELA WITH YOUR SKILLS?

Are you a **Human Resources advisor, Health or Social Department advisor, Fundraising Consultant, Treasurer, Accountant, Medical Doctor or Legal Advisor**? We need your help!

Nakekela is looking for people who can volunteer their expertise and knowledge to assist with various projects. If you are looking for an organisation that uplifts local community and want to invest in making a tangible difference in South Africa, please call us to discuss where you can get involved or get in touch by emailing nakekelaoffice@gmail.com if you can help us.

Be part of the work of Nakekela

DONATE

Nakekela relies on donations to meet the needs of our patients and keep our facility available to the community. If you would like to support the work of Nakekela financially, know that every cent is tracked and invested carefully.

All gifts can be EFT'd to

Nakekela, Standard Bank, Account: 348123027

Branch: Bronkhorstspuit (052850)

Swift code: SBZAJJ

Our PBO Registration is 930040184 should you require a receipt for tax purposes.

HELP US WITH PRACTICAL NEEDS

Nakekela constantly needs the following items for our patients:

- Clothes: pyjamas and sleepers
- Medication, wheelchairs, walking frames
- Toiletries: wash clothes, soap, toothbrushes, toothpaste and feminine hygiene items
- Blankets
- Bibles in English, Zulu, Ndebele, Pedi and Tswana, note books, pens and pencils



Community training has started with 103 people participating

STATISTICS TO DATE:

Admissions:	63
Discharge to Home:	19
Deaths:	29
Hospital:	6
Re-Admissions:	6

NAKEKELA CHRISTIAN COMMUNITY CENTRE ASSOCIATION



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