



Nakekela Christian Community Centre

Greetings to you all in the Name of the Lord. We give God the glory for all his mercy and grace, that we have seen in the past months that many of our patients that were discharged home as their conditions had improved.

A four year old girl was admitted with her critically ill mother. Both are HIV positive and on treatment she has no close family locally. The lady has three children ,the first one was adopted while he was still a baby,the second child is seven years old and the third child is the four year old one who is admitted with the mother.The seven old boy is at school and staying with the neighbours as there is no one to take care of him at home.This makes the mother's condition to fluctuate when she misses him a lot.We are trying our best to keep her stable by attending dibriefing sessions.

Te third child had a birthday while at our centre. Dr. Sonja and Julia Mthimnye (House Keeper)bought her some gifts,she was happy, felt loved and special. May God help them recover so that they can go back home soon and spend more time with the young boy.Nakekela management would like to thank all staff members for their support and caring hearts to play a big role in the little girl's life.



2015

STATISTICS TO DATE:

Admissions	106
Discharge to Home:	28
Deaths:	47
HBC field patients:	240



DEVOTIONS



On Thursday's we have staff and Home Based Care workers Devotion. We learn more about the Word of God, we are currently learning from the book of Philippians. One of the Home Based Care workers expressed "I have learned the importance of reading and studying the Bible on my own. I thank God for the eye opener of the devotions we have every Thursday at the centre."

Patient Testimony

Since I have been admitted at Nakekela my condition has improved greatly, not only physically but also spiritually as we have devotions. I learned a lot, like understanding the Word of God, the meaning of Salvation and prayer. I used to believe in ancestors but I have learned something different at Nakekela. As we have dedicated people who come to share the Word of God with us during the week and weekends. I have learned to believe and trust in Jesus for my salvation and not ancestors. Thank God for his mercy upon me today am able to pray, read the Word of God and share the gospel with my family.

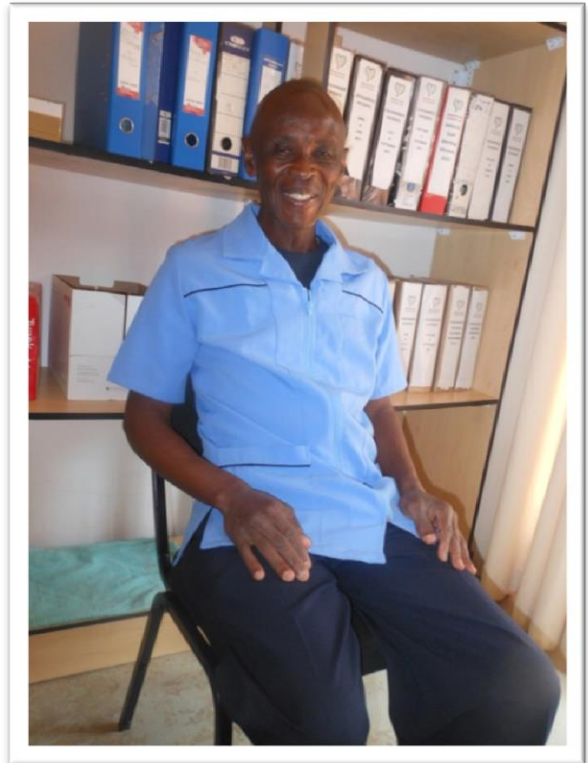


"In my distress I called upon the Lord, to my God I called. From his temple he heard my voice, and my cry came to his ear." 2 Samuel 22:7

CARE WORKER'S REPORT

My name is Linda Masanabo, I started to work at Nakekela in 27 April 2015. I have gained more knowledge of being a Care Worker which I did not have as qualified Home Based Carer. I learned how to dress a patient, dressing different wounds, mouth care, bed bathing critical patients, doing health talks, being patient and working with the team. I realised that when there is no unity between us as Care workers, it affects our patient's condition. Having the same mind and one love helps their condition to improve. I am able to listen and encourage a patient which also helps me to build a relationship of trust with them. I would like to encourage young people not to take education for granted as it plays a big role in people's lives. Nakekela gave me an opportunity to practice things that I have learned at school.

Realised that some people are not only sick physically but also spiritually, we encourage them to love one another and read the Word of God and we have seen a lot of improvements by doing that.



Linda Masanabo, Care Worker

ART THERAPY



It is always wonderful to see patients during the Art therapy class doing wonderful things with their hands. Here is a picture of our staff members and patients doing accessories using beads and making more Gift Cards to relax their minds

Report from Home Based Care (Madira Kgwale)

A woman arrived at Nakekela with her six months old baby and family members. During admission we found that the patient was coughing badly and that she and the baby were both HIV positive and have Tuberculosis. The patient is related to our Home Base Care worker, Ella Mahlangu. Dr Sonja Miskin referred the mother and the baby to KwaMhlanga hospital for diagnosis of TB with the chest X ray and the hospital put them both on TB treatment immediately. The Dr. stopped her from breastfeeding the baby because of her illness and the local clinic provided her with milk formula. The hospital sent them back and we admitted the mother of the baby at Nakekela but we couldn't admit the baby since we don't have special room to admit babies. The aunt took the baby home to take care of her.

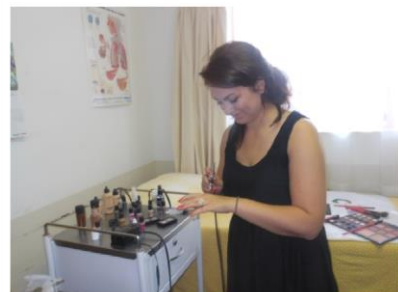
The lady's eyes changed to be yellowish soon after starting TB treatment and the doctor referred her back to the hospital. She got admitted at the hospital to treat the jaundice but they stopped all her treatment for TB and ARV's, said that her condition was untreatable. She was continually in our prayers and now we praise the Lord for listening and answering our prayers as she is back with us at the Centre in a better condition but not yet back on her treatment. We also appreciate the KwaMhlanga hospital for working together with us.

She is so grateful to God now that she can talk and walk again and expressed that God has shown her mercy to be able to live again. She appreciate the love and support received at Nakekela through devotions and spiritual counseling which also made her to live a life of prayer and trusting God. She is now willing to change her life even when she get discharged.



The Home Based Care Ella Mahlangu went to the clinic with the aunt of the baby and got some milk for the baby.

Special treat to our staff members by Sarsih Miskin



Our staff members got a special treat from Sarsih Miskin who came with her makeup kit to refresh our staff members from the daily hard work. Staff members really enjoyed being cared for. See pictures



“Striving to be the hands and feet of Jesus Christ in the Community”



A patient with the Care worker Thandi Mahlangu learning to walk again after she recovered her sight a bit

Walking to the lady's room using a stick

A lady of 37 years old was brought to us by a concerned father with the help of our Home Based Care Workers. Her mother passed away some years ago and the lady got sick and had no one to bath her at home as she was staying alone with her father. She used to stay with her boyfriend when she was still well but when she got sick the boyfriend did not care much, so the father took her back home. Unfortunately the father is an old man who cannot help her with all she needs. The lady was found during HBC door to door visits. The lady is HIV Positive and is blind; she had defaulted from her medication as she was staying with the boyfriend who claims to be a sangoma (witch doctor). He denied the fact that the lady is HIV positive and telling her to rather believe that she is bewitched and should treat her illness with traditional herbs which did not help her at all. When she was admitted she could not walk nor see anything but after some time invested into helping her both physically and spiritually she got better and better. She is recovering her sight and is able to walk again. And the father stopped the boyfriend from visiting her at the centre. We are hoping to discharge her home soon as her condition is improving daily and praying that she does not go back to the boyfriend again.



Celebrating the end of heritage month was such a joy for all staff members during the monthly staff meeting. We have different ethnic groups, and each group was dressed up with their cultural clothes. Bright and beautiful colours to welcome summer!

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