



Nakekela News

April 2020

**Greetings in the Name of our Lord Jesus Christ
from everyone at Nakekela!**



Above: Nakekela Staff members



Left: We were happy to spend some time with **Doetsje and Wobbe Bijlsma** from Netherlands who joined us at Nakekela in January to volunteer some of their holidays. We thank God for protecting you in return home (Netherlands).

CENTRE HAPPENINGS



Patients continue to do body exercise and physiotherapy under supervision of Care Workers.



Devotions with patients and Care Workers



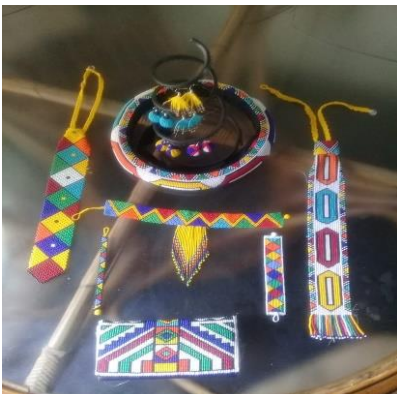
Adult Support Group

“Be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go” Joshua 1:9

We are thankful to the Lord for fresh vegetables from our garden



Sarah Zindane the Housekeeper and some of our more coordinated patients have been very busy with their art projects see some Art work below.



The coronavirus is in South Africa with a population of 56.72 million (2017). As of today, the confirmed cases are 2003 with 24 deaths. The South African president announced that the entire country would be in lockdown for 21 days starting on Thursday 26 March at 23:59. The only people allowed out of their houses is essential services and the only reason others can leave their place of residence is to obtain food, medical assistance or banking (which they insist we do on our telephones or online anyway). Malls are all closed except the grocery stores and pharmacies with the odd cell phone shop that is open. The stores that are open can only sell essential items – no alcohol, no cigarettes, no clothing, etc. Other essential services: tow trucks and vehicle recovery, harvesting and storage to prevent spoilage of agricultural goods, payroll staff, critical maintenance which can't be delayed for 21 days. No one is going on the street for a walk and we cannot attend church worship services. However, for a funeral 50 people are allowed to attend.

The army and police are out there enforcing the rules. Traffic officers are deployed to do road blocks checking on why people are travelling. An essential worker has a certificate that their employer received whereas the rest of us must have proof of doctor appointments and carry our identification with us.

The Nakekela management decided to close on Wednesday 25 March, due to not having the necessary equipment to work during the coronavirus and the facilities to be able to do a proper quarantine. We no longer had face masks and protective gloves. Since we are a hospice, we do not have any testing facilities for COVID-19 and could easily accept someone with the disease without being aware of it. The majority of the current patients are all HIV positive and sick, however, a high number of the staff are previous patients and have HIV/AIDS and at a greater risk due to compromised immune systems. However, the management: General Manager - Dorcas, Administrative Manager – Letty (from home), Kitchen Manager - Julia and two housekeepers, Busi and Christinah, plus the gardener Samuel continue to work and night security. Dorcas and Julia have a dual role of serving as security during the day. None of them require taking public transport.

7.9 million people in South Africa have HIV/AIDS and those with influenza are eight times more likely to be admitted to hospital. It is thought that all those with low CD4 counts and not on ARV's will have greater difficulty.^[1] Also in 2019 more than half of the country's 301,000 TB cases were among people infected with HIV.^[2] We are also hearing all those with a compromised immune system have serious consequences. So the media is communicating that all those not on treatment are at high risk.^[3]

Please pray for

- For all of us whenever possible to maintain social distancing.
- Pray for all those medical workers and community tracers as well as those providing other essential services.
- Also pray for all those that don't have the necessary equipment for their work⁴
- Pray for all the vulnerable and sick around the world and the families mourning the loss of loved ones.
- Pray that we all receive a closer relationship with the Lord and our families during this time. 2 Timothy 1:7 "For God has not given us a spirit of fear, but of power, of love and of a sound mind"

^[1] <https://www.health24.com/Medical/Infectious-diseases/Coronavirus/watch-will-covid-19-make-people-with-hiv-sicker-than-others-20200330>

² <https://www.health24.com/Medical/Infectious-diseases/Coronavirus/coronavirus-what-you-need-to-know-if-youre-living-with-hiv-diabetes-or-tb-20200311>

³ <https://www.health24.com/Medical/Infectious-diseases/Coronavirus/coronavirus-in-sa-hiv-and-tb-sufferers-not-on-treatment-at-high-risk-20200309>

⁴ <https://m.news24.com/SouthAfrica/News/pandemic-politics-community-health-workers-gear-up-to-fight-covid-19-with-little-protection-and-less-pay-20200330?isapp=true>

TRAININGS

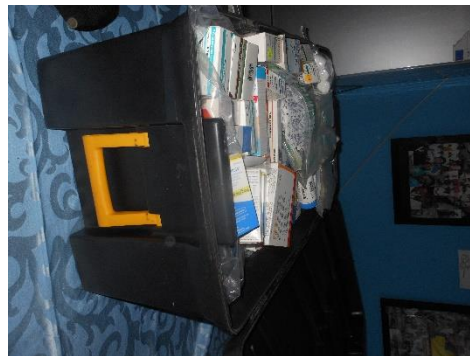


Community training went well at Phola, the training was about reducing Stigma and Discrimination of HIV/AIDS in our communities. The group was participating and asking questions during the session.

Sarah Motau Home Based Care Coordinator had the opportunity to have a Health Education at the local Schools on **Sexual Transmitted Disease (STD)** awareness in February the month of STD.



DONATIONS



Nakekela received two bags full of donations, pajama pants, blood pressure monitors, and toiletries from **Not Just Tourists** brought by **Connor and Susan Keuning** from **Canada**

A special thanks **Dinky** for the donation of clothes, stationery and cups that we received through **Jane Korevaar**.
May the Lord bless you.



Be part of the work of Nakekela

HELP US WITH YOUR SKILLS AND KNOWLEDGE

Are you a Human Resources advisor, Health or Social Department advisor, Fundraising Consultant, Treasurer, Accountant, Medical Doctor or Legal Advisor? We need your help!

Nakekela is looking for people who can volunteer their expertise and knowledge to assist with various projects. If you are looking for an organisation that uplifts local community and want to invest in making a tangible difference in South Africa, please call us to discuss where you can get involved or get in touch by emailing nakekelaoffice@gmail.com if you can help us.

CONTRIBUTE FINANCIALLY

Nakekela relies on donations to meet the needs of our patients and keep our facility available to the community. If you would like to support the work of Nakekela financially, know that every cent is tracked and invested carefully. We also offer receipts for tax purposes.

All gifts can be EFT'd to

Nakekela

Standard Bank

Account: 348123027

Branch: Bronkhorstspuit (052850)

Swift code: SBZAJJ

HELP US PRACTICALLY

As a step-down facility with many patients, Nakekela constantly needs the following items for our patients:

- Pyjamas and sleepers
- Medication
- Wheelchairs and walking frames
- Toiletries: wash cloths, soap, toothbrushes, toothpaste, deodorant
- Feminine hygiene items and underwear
- Blankets
- Bibles in English, Zulu, Ndebele, Pedi and Tswana
- Note books, paper, pens and pencils
- Art supplies

STATISTICS TO DATE:

Admissions:	45
Discharge to Home:	19
Deaths:	17
Hospital:	9

NAKEKELA CHRISTIAN COMMUNITY CENTRE ASSOCIATION



Stand 121 & 122

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