



# NAKEKELA NEWS

SEPTEMBER 2020

**Greetings in the Name of our Lord Jesus Christ  
from Everyone at Nakekela!**



***With men it is impossible,  
but not with God; for with  
God all things are  
possible.”***

**Mark 10:27**

## TRAINING

### Community Training

Due to COVID 19 the community training group has become smaller than before in order to limit the spread of Corona Virus. But we are grateful for the smaller number we train although participants had little information about HIV/AIDS. They were very interactive in asking questions about HIV/AIDS which showed that they were listening and interested in gaining new information. An exercise of AGREED/DISAGREED was done in which they quoted verses from the Bible to support their statements. Living stone was the most touching exercise as participants shared very painful stories. It is sad to realise that there still people who are living with HIV/AIDS, but are still afraid to disclose their status or ARV's.



## OUR STAFF



*My name is Velly Jean Dlamini I started to work as a care worker since 03 July 2018. I am thankful for different types of training that I have attended and learned so much from them. I am now one of the Support Group leaders. As a leader I learned the following: Many people have problems and need people who can relate to their circumstances. Everyone has their own kinds of problems to deal with and even a responsible person needs to share their challenges.*

*I learned that there are some families who are not supportive whilst other families want to be supportive to an HIV positive person but don't know how they can support their loved one. Some patients do not disclose their status to their families and their families do wrong things in taking the person to traditional healers hoping that they are helping the person to recovery. I also observed the fact that as a leader you need to listen, listen and listen to others and learn from them. Sometimes people are not looking for answers but just need someone who will listen to them. Healing doesn't come always by receiving good advice but through sharing your story or your challenge to someone who is trustworthy. I am grateful to be in the mist of such aspirational souls. From my point of view dealing with different support groups has taught me that the mood is always unpredictable from one group to the other group. You can't be sure what to expect. The support groups have shown me another side of me that I never thought it existed.*



*Devotions progressing well, our trust is in the name of our Lord Jesus Christ*

*Nakekela was invited to a men's gathering (Imbizo) to speak to men about issues regarding their health. This also covered why men tend not to go to health facilities regarding their health and well-being.*



*Beading work progressing well*



*Training team brainstorming*



*Eating vegetables can lower blood pressure, reduce the risk of heart disease and stroke, prevent some types of cancer, lower risk of eye and digestive problems, and have a positive effect upon blood sugar, which can help keep appetite in check. We are so thankful for Samuel Mofore our gardener for working hard in the vegetable garden to produce fresh vegetables for our in-patients.*

## DONATIONS



*Received a donation of masks from the Family Favorite Uniform associated with the Assemblies of God Church*



*We do not cease to thank God for the SALT Alliance, Stichting Pharus Verre Naasten and Zuid- Afrika Mission who have been generous to put a smile to 168 families in our country by providing food parcels in September 2020. May the Lord continue to bless them richly. "Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously." 2 Corinthians 9:6*

## BE PART OF THE WORK OF NAKEKELA

### HELP US WITH YOUR SKILLS AND KNOWLEDGE

**Are you a Human Resources advisor, Health or Social Department advisor, Fundraising Consultant, Treasurer, Accountant, Medical Doctor or Legal Advisor? We need your help!**

Nakekela is looking for people who can volunteer their expertise and knowledge to assist with various projects. If you are looking for an organisation that uplifts local community and want to invest in making a tangible difference in South Africa, please call us to discuss where you can get involved or get in touch by emailing [nakekelaoffice@gmail.com](mailto:nakekelaoffice@gmail.com) if you can help us.

### CONTRIBUTE FINANCIALLY

Nakekela relies on donations to meet the needs of our patients and keep our facility available to the community. If you would like to support the work of Nakekela financially, know that every cent is tracked and invested carefully. We also offer receipts for tax purposes.

All gifts can be EFT'd to **con**

**Nakekela**

**Standard Bank**

**Account: 348123027**

**Branch: Bronkhorstspuit (052850)**

**Swift code: SBZAJJ**

### HELP US PRACTICALLY

As a step-down facility with many patients, Nakekela constantly needs the following items for our patients:

- Pyjamas and sleepers
- Medication
- Wheelchairs and walking frames
- Toiletries: wash cloths, soap, toothbrushes, toothpaste, deodorant
- Feminine hygiene items and underwear
- Blankets
- Bibles in English, Zulu, Ndebele, Pedi and Tswana
- Note books, paper, pens and pencils
- Art supplies

### STATISTICS TO DATE:

Admissions:	90
Discharge to Home:	37
Deaths:	32
Hospital:	10

### NAKEKELA CHRISTIAN COMMUNITY CENTRE ASSOCIATION



Stand 121 & 122

Tweefontein G

PO Box 20400

KwaMhlanga MP 1022

Tel: (+27) 013 945 6861

Fax: (+27) 013 945 6861

Email: [nakekelaoffice@gmail.com](mailto:nakekelaoffice@gmail.com)

Website: [www.nakekela.co.za](http://www.nakekela.co.za)

Blog: [www.nakekela.co.za/blog](http://www.nakekela.co.za/blog)

Facebook: [Nakekela Christian Community Centre Association](https://www.facebook.com/Nakekela Christian Community Centre Association)

PBO Registration Number: 930040184