



Nakekela News

November 2019



Celebrating the HIV Testing Service Project

Nakekela would like to thank the Foundation for Professional Development (FPD) for the opportunity of running their HIV Testing Service (HTS) project in Thembisile Hani Municipality. We appreciate FPD's support and mentorship during this project from August 2018-September 2019. The capacity training that we received throughout the project was most helpful and we have learned so much. What an experience! Through FPD's input into our staff, areas of weakness have become areas of new strength and Nakekela has developed new skills. We also thank the stakeholders in this project including the Department of Health, local clinics, other NGO's who worked with us, Thembisile Hani Municipality and the community who welcomed us into their homes.

The slogan for the campaign was "Knowing your HIV status is wise". Let's all keep on doing the right thing!



CENTRE HAPPENINGS



Child Support Group

Discussed physical and emotional and how to deal with bullies.



SALT Meeting in Ladysmith (KZN), hosted by SALT member eThembeni

We had a great time together with the Dignity Campaign and SALT members eThembeni, TWR Africa, Friends of the Manaleni Center, Thembalethu Nkomazi and Thembalethu Center. Nakekela facilitators were trained in the Dignity for Girls and Dare for Boys programmes. These programmes are designed to be run at schools, in churches and in communities. Topics we learned about included the development of the teenage brain, growing bodies, issues teens face, trafficking, child protection and more. Great emphasis was placed on identity, belonging and purpose. It was good to also learn about powerful women and men in the Bible and allow God to refresh and encourage our hearts through teaching by Pastor Gwala of TWR Africa's Zulu ministry.

The ladies attended Dignity Facilitator training and our own Eleanor assisted as a trainer in preparation for being a Nakekela Dignity Trainer of more facilitators. Women from different parts of KZN and South Africa learnt how to facilitate this girls programme that runs as a "Dignity Day" and then a follow up 12-week discipleship, life skills and mentorship programme called "Cherish Dignity" where girls participate in small groups weekly. Deep issues were discussed during the training and many women found personal healing in working through the training material and topics during the three days in KZN.

At the Dare Facilitators Training our men discussed Fatherhood and explored their own journeys of becoming men. We also learned that God created both men and women in His image. Therefore, we need to work together. Men cannot do things alone and women neither. The facilitator training ended with practical information on how to implement a Dare Day for boys.

The SALT imbizo ended off with a wonderful time of fellowship, praise and worship with both the Dare male facilitators and Dignity ladies. Our thanks to SALT Alliance for organising this Dignity Campaign training for Nakekela, to eThembeni for hosting us so well, and to the Dignity Campaign team who flew in from Cape Town and Johannesburg to train all 50 delegates.



“Finally, all of you should be of one mind. Sympathize with each other, love one another, be compassionate and humble” 1 Peter 3: 8

Fresh vegetables from our garden



VISITORS

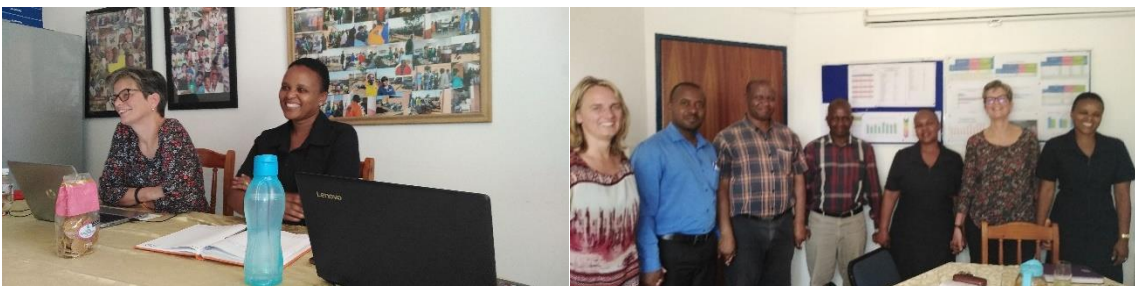
We were blessed during the visit of Skip Carpenter, Deb Diogvardi, Ren Stewart, Becky Black, Mary Kay Bugiman from USA. Thanks to the team for visiting us again this year and for all the fruitful gifts you brought for us. We will read and meditate with the Bible verses you shared with us. May God bless you all.



We were encouraged by the visit of **Tsholofelo Mhlanga** from **Caring Home Assistance Living Centre** who came to learn more about Administration work.



De Verre Naasten Visit



We were very blessed to have **Jakolien, Tjeerd and Nelenkie** visiting us from **Netherlands, representing DVN**. Nelenkie Wolthuisen (Secretary of board) and Tjeerd van der Vaart (Treasurer), together with Jakolien Meas from Verre Naasten, came to South Africa to visit projects. During their two-week training period, they came as guests to Nakekela Christian Community Centre Association to meet our board members and the management team to discuss overall performance of the organisation and future plans. Thank you for your ongoing friendship, support and prayers!

DONATIONS

Thank you to **VIVA Garage at Tweefontein E** for the donation of maize meal.



Nakekela also gratefully received a donation of clothes from **Pastor James Mahlangu**, a member of Nakekela Board



With grateful hearts Nakekela received gifts from the **IPCC church at Tweefontein G**



We were also blessed during the visit of **Katelyn, Tamara, Denise from Netherlands, Corvin and Lili from Germany** as well as **Greet and Kees Klossterman**. Thank you for the donation of clothes.



Thanks for the Donation of Nutritional Supplements from **Mr. Joe from Focus TV, Patrick Masilela and DJ Mega from KCRS FM.**



We are grateful for the donation of Bread from **Lucas Mpayang Bakery**



We received lovely new blankets from **Community Trinity Methodist Church**

HELP US WITH YOUR SKILLS AND KNOWLEDGE

Are you a Human Resources advisor, Health or Social Department advisor, Fundraising Consultant, Treasurer, Accountant, Medical Doctor or Legal Advisor? We need your help!

Nakekela is looking for people who can volunteer their expertise and knowledge to assist with various projects. If you are looking for an organisation that uplifts local community and want to invest in making a tangible difference in South Africa, please call us to discuss where you can get involved or get in touch by emailing nakekelaoffice@gmail.com if you can help us.

CONTRIBUTE FINANCIALLY

Nakekela relies on donations to meet the needs of our patients and keep our facility available to the community. If you would like to support the work of Nakekela financially, know that every cent is tracked and invested carefully. We also offer receipts for tax purposes.

All gifts can be EFT'd to

Nakekela

Standard Bank

Account: 348123027

Branch: Bronkhorstspuit (052850)

Swift code: SBZAJJ

HELP US PRACTICALLY

As a step-down facility with many patients, Nakekela constantly needs the following items for our patients:

- Pyjamas and sleepers
- Medication
- Wheelchairs and walking frames
- Toiletries: wash cloths, soap, toothbrushes, toothpaste, deodorant
- Feminine hygiene items and underwear
- Blankets
- Bibles in English, Zulu, Ndebele, Pedi and Tswana
- Note books, paper, pens and pencils
- Art supplies

STATISTICS TO DATE:

Admissions:	147
Discharge to Home:	54
Deaths:	65
Hospital:	16

NAKEKELA CHRISTIAN COMMUNITY CENTRE ASSOCIATION



Stand 121 & 122

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