



Nakekela News

SEPTEMBER 2019

**Greetings in the Name of our Lord Jesus Christ
from everyone at Nakekela!**



Nakekela celebrates Heritage month

CENTRE HAPPENINGS

We thank God for the men's workshop provided by **Social Development** addressing the issue of Social Behaviour change Implementers. We received positive feedback from men who attended. One said it was a very fruitful workshop and an eye opener.



HIV Testing

Nakekela had the opportunity of attending the **Strategic Planning training** at Witbank helping us with the ability to write a business plan, and how to monitor the process, also attended an **Ethics training** which was more about the value of policies and Procedures.



Art Therapy and Physiotherapy

The patients have been very busy with their art projects and exercise program. Some of our more coordinated patients are busy with embroidery, and the others are making lovely cards. They are also exercising as a group and one-on-one. Some of the patients have even graduated from the exercise bike and treadmill, and are now doing strength training.



CABSA Training

Community trainings are progressing well at churches, youth centres and NPO's and at least 328 people trained from May to August 2019. Many people are hungry for knowledge. We have received positive feedback from people. With the trainings we are able to reduce Stigma and Discrimination in our communities.



"Blessed are the merciful, for they will be shown mercy" Matthew 5:7

Our Garden

Thanks be to God our provider for the improvement we see in our little vegetable garden.



We are back again this season with the growing chicken project for meat. We have at least 30 chicks which are now five weeks old. We are also farming 28 chickens for their eggs. We hope to have 40 chickens as we are selling eggs and chicken meat.



VISITORS

We had students from Tshwane South TVET College who volunteered their time to help with cleaning – thank you for your hard work! It was great to have you with us and we appreciate your time and generous hearts.



We were blessed to have **Elizabeth Mahlangu, Joshua Engelsma and Jan** visit us from Ndzundza Fene Tribal Office to discuss a future partnership.

Thank you for your ongoing friendship, support and prayers!



DONATIONS

Thank you to **Mr Masombuka** from Blesbokfontein for the donation of maize meal.



Nakekela also gratefully received a donation of clothes from **Pastor Masimula** who stays at KwaMhlanga Section A.



With grateful hearts Nakekela received adult nappies from a Care worker volunteer **Leticia Mahlangu** from Verena.



HELP US WITH YOUR SKILLS AND KNOWLEDGE

Are you a Human Resources advisor, Health or Social Department advisor, Fundraising Consultant, Treasurer, Accountant, Medical Doctor or Legal Advisor? We need your help!

Nakekela is looking for people who can volunteer their expertise and knowledge to assist with various projects. If you are looking for an organisation that uplifts local community and want to invest in making a tangible difference in South Africa, please call us to discuss where you can get involved or get in touch by emailing nakekelaoffice@gmail.com if you can help us.

CONTRIBUTE FINANCIALLY

Nakekela relies on donations to meet the needs of our patients and keep our facility available to the community. If you would like to support the work of Nakekela financially, know that every cent is tracked and invested carefully. We also offer receipts for tax purposes.

All gifts can be EFT'd to

Nakekela

Standard Bank

Account: 348123027

Branch: Bronkhorstspuit (052850)

Swift code: SBZAJJ

HELP US PRACTICALLY

As a step-down facility with many patients, Nakekela constantly needs the following items for our patients:

- Pyjamas and sleepers
- Medication
- Wheelchairs and walking frames
- Toiletries: wash cloths, soap, toothbrushes, toothpaste, deodorant
- Feminine hygiene items and underwear
- Blankets
- Bibles in English, Zulu, Ndebele, Pedi and Tswana
- Note books, paper, pens and pencils
- Art supplies

STATISTICS TO DATE:

Admissions:	109
Discharge to Home:	36
Deaths:	50
Hospital:	11

NAKEKELA CHRISTAN COMMUNITY CENTRE ASSOCIATION



Stand 121 & 122

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